

TITSEY TRAIL 10K

11 October 2009

RACE RESULTS

Race Position	Time	No.	Forename	Surname	Club	Age Grp	M/F
1	38.08	81	Richard	Lee-Smith	Striders of Croydon	SM	M
2	39.25	198	Iain	Harrison	Striders of Croydon	SM	M
4	41.28	197	Christian	Ashmore		SM	M
6	42.26	157	James	Mason		SM	M
7	42.30	245	Adam	Wright		SM	M
11	43.27	161	Ben	Johnson	Serpentine Runners	SM	M
12	43.37	168	Simon	Bonell	Larkfield AC	SM	M
15	44.12	212	Matthew	Hopkins		SM	M
17	44.39	211	Jack	Miles		SM	M
21	46.27	193	Neil	Hammerton		SM	M
22	46.31	259	Thomas	Robinson		SM	M
24	46.36	215	Paul	Street		SM	M
25	46.36	270	James	Robson		SM	M
30	47.30	165	Jeff	Springford		SM	M
33	47.41	279	Mark	Young		SM	M
35	47.52	291	Shane	McNamara		SM	M
40	48.05	236	David	Young		SM	M
45	49.01	201	Ben	Carr	St Olave's AC	SM	M
47	49.04	17	Matt	Gibbins		SM	M
50	49.10	160	Michael	Adamson		SM	M
51	49.12	76	Chris	Underwood		SM	M
56	49.28	284	Jonathan	Hunot		SM	M
57	49.30	246	Chris	Tagg		SM	M
58	49.37	181	James	Pomfret		SM	M
62	50.03	79	Stephen	Barry		SM	M
68	50.44	273	Guy	Wolfenden		SM	M
72	51.01	294	Simon	Dunnell		SM	M
78	51.41	48	Alex	Snod		SM	M
80	51.52	32	Michael	Chamberlin		SM	M
82	51.59	232	Kashid	Amassoul		SM	M
95	52.59	118	David	Lewis		SM	M
100	53.17	277	Andrew	Webb		SM	M
103	53.28	87	Richard	Scutt		SM	M
106	53.58	98	Sham	Haque		SM	M

Race Position	Time	No.	Forename	Surname	Club	Age Grp	M/F
107	54.05	10	Gary	Armitage		SM	M
130	56.46	164	James	Thurbin		SM	M
132	56.56	185	Gavin	Carter		SM	M
133	56.59	248	Daniel	Lucas		SM	M
136	57.03	15	Justin	Kemp		SM	M
143	57.39	69	Stephen	Thursfield		SM	M
144	57.39	44	Ian	Short		SM	M
146	57.42	147	Christopher	Nott		SM	M
152	58.19	95	Stevie	Craig	Feelfit Weasels	SM	M
154	58.28	14	Paul	Parma		SM	M
158	58.45	97	James	Turner		SM	M
161	59.04	115	Rozib	Mirza		SM	M
162	59.05	117	Mike	Smythe		SM	M
165	59.21	102	Giles	Crosthwaite	Feelfit Weasels	SM	M
167	59.43	68	James	Menzies	Sevenoaks AC	SM	M
183	61.30	253	David	Moynihan		SM	M
198	62.52	91	Ian	Lawson		SM	M
207	64.11	67	Daryl	Pimbley		SM	M
214	65.20	140	George	Symes		SM	M
232	72.54	12	Jonathan	Digges		SM	M