

TITSEY TRAIL 10K

6th OCTOBER 2013

WOMEN 45-54

Race Pos.	Time	Race No.	Forename	Surname	Club / Team
1	43.17	26	PHYLLIS	FLYNN	STRAGGLERS
2	46.59	190	STEPHANIE	UPTON	STRIDERS OF CROYDON
3	47.02	191	ANNE	DAVIDSON	DORKING & MOLE VALLEY AC
4	49.55	49	GAIL	ARNOTT	BECKENHAM RUNNING CLUB
5	51.00	11	VIV	MITCHELL	SOUTH LONDON HARRIERS
6	52.00	310	GINNY	MILLARD	
7	53.07	192	ALISON	PAY	
8	53.46	371	SYLVIE	GREEN	
9	53.51	103	NICOLA	HOWARD	BECKENHAM RUNNING CLUB
10	55.51	9	MARIELLA	PUJO	
11	56.27	319	AMANDA	MULLEN	
12	56.42	165	JENNY	NICHOLLS	
13	56.46	303	JANE	HUGHES	
14	57.57	142	LIZ	RYAN	
15	57.59	374	DEBORAH	FORD	BECKENHAM RC
16	58.26	141	DAPHNE	STEPTOE	
17	58.30	363	RACHEL	TOMKINS	
18	58.40	234	GAIL	GREENWOOD	
19	58.52	289	GAIL	POPE	DORKING & MOLE VALLEY AC
20	59.21	366	JULIA	BRACEWELL	
21	59.30	162	WENDY	CROOK	
22	59.30	163	MONIQUE	PAUL	
23	60.12	268	CLAIRE	SELLS	OXTED RUNNERS
24	60.29	257	JACQUELINE	FRANKLIN	
25	60.37	29	ROS	HOPGOOD	NEW ELTHAM JOGGERS
26	63.19	10	SARAH	HIGHAM	
27	64.05	47	ANGELA	AHMED	
28	64.24	290	EMMA	POTTER	
29	64.54	42	LORIN	LAFAVE	IVYDENE
30	64.54	343	LAUREN	OWEN	NUTFIELD RUNNING LADIES
31	65.00	298	VICTORIA	TONKS	
32	66.24	40	SUSAN	MACKENZIE	CHALDON CREAKERS
33	66.40	199	SARAH	MARCANTONIO-FLINT	
34	66.49	342	VICKY	ATHERLEY	NUTFIELD RUNNING LADIES
35	66.53	160	ROSIE	DRAPER	MOOR ENERGY RUNNERS
36	66.54	60	SANDHYA	DREW	SOUTH LONDON HARRIERS
37	68.58	135	MELANIE	MITCHELL	
38	69.37	109	VANESSA	YOUNG	
39	71.42	278	HELEN	MACKENZIE-CARDY	
40	72.57	304	KAREN	WEIGHALL	COLLINGWOOD AC
41	74.38	31	ANGELA	HOWELLS	
42	87.13	51	LYNN	HARLEY	CHICHESTER RUNNERS